

NOMAD Farms

Tobaccoville, NC

Grass-Fed Beef

Ground Beef	\$ 11 / lb.
Sirloin Steak	\$ 25 / lb.
NY Strip Steak	\$ 30 / lb.
Ribeye Steak	\$ 36 / lb.
Filet Mignon	\$ 39 / lb.
Skirt Steak	\$ 25 / lb.
Shoulder/Pot Roast	\$ 18 / lb.
Rump Roast	\$ 16 / lb.
Chuck Roast	\$ 19 / lb.
Eye of Round Roast	\$ 15 / lb.
Sirloin Tip Roast	\$ 16 / lb.
London Broil	\$ 17 / lb.
Brisket	\$ 16 / lb.
Short Ribs	\$ 16 / lb.
Soup Bones	\$ 6 / lb.
Beef Heart	\$ 7 / lb.
Beef Liver	\$ 11 / lb.
Beef Kidney	\$ 5 / lb.
Beef Tongue	\$ 10 / lb.
Oxtail	\$ 12 / lb.

NOMAD



Pastured Chicken

Whole Chicken	\$ 10 / lb.
Boneless, Skinless Breast	\$ 20 / lb.
Leg/Thigh Quarter	\$ 12 / lb.
Boneless Tenders	\$ 22 / lb.
Wings	\$ 12 / lb.
Soup Set (two backs)	\$ 8 / bag
Feet	\$ 5 / bag
Hearts	\$ 5 / bag
Livers	\$ 5 / bag

Grass-Fed Lamb

Ground Lamb	\$ 24 / lb.
Center Cut Leg Roast	\$ 20 / lb.
Shoulder Roast	\$ 19 / lb.
Lamb Chops	\$ 32 / lb.
Lamb Ribs	\$ 21 / lb.
Lamb Shanks	\$ 20 / lb.
Organ (heart, liver, kidney...)	\$ 7 / lb.
Soup Bones	\$ 8 / lb.

Pastured Pork

Breakfast Sausage	\$ 11 / lb.
Boston Butt Roast	\$ 10 / lb.
Pork Chops	\$ 15 / lb.
Tenderloin Medallions	\$ 20 / lb.
Sliced Pork Belly	\$ 12 / lb.
Pork Ribs	\$ 11 / lb.
Fat/Fat Back	\$ 5 / lb.
Soup Bones	\$ 2 / lb.